

Department of Sport Management and Recreational Therapy

Recreational Therapy Concentration

Student Schedule

Freshman Year:

Fall		Spring	
CTR 101 (MAC H&W, MAC #1)	3	CTR Elective	3
MAC #2	3	CTR 212 (Spring only)	3
MAC #3	3	MAC #6	3
MAC #4	3	MAC #7	3
MAC #5	3	HDF 111 (MAC CTI SBS, MAC #8)	3
Total Credit Hours		Total Credit Hours	
15		15	

Sophomore Year

Fall		Spring	
MAC #9	3	CTR 213 (Spring only)	4
MAC #10	3	CTR 235	3
CTR 214 (Fall only)	3	BIO 111 with lab (MAC CTI-NS, MAC #11)	4
CTR 231 (Fall only)	3	CTR 338 (Spring only)	3
PSY 121	3		
Total Credit Hours		Total Credit Hours	
15		14	

Summer Session

HEA 113 (3)	Total Credit Hours	3
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Junior Year

Fall		Spring	
Elective	3	CTR 251-01	3
CTR 415 (Fall only)	3	Elective	1
RT Human Services Select 1 (see list on back)	3	CTR 433 (Spring only)	3
BIO 271 with lab or KIN 291 with lab **	4	CED 310	3
(requires C- or better in BIO 111)		BIO 277 with lab or KIN 292 with lab **	4
		(requires C- or better in BIO 111)	
Total Credit Hours		Total Credit Hours	
13		14	

** Alternatively, students may take BIO 163 or BIO 168 at a community college in which case 4 additional credits will need to be added to your plan, or HEA 213 in which case 5 additional credits will need to be added

Summer Session

CTR 315 (Summer Only) (3)	and	Elective (3)
(must have GPA of 2.0 or better) (20 hr/wk for minimum of 6 weeks, total 120 hours)		
Total Credit Hours 6		

Senior Year

Fall		Spring	
CTR 252-01	1	CTR 417 (40 hr/wk for min of 14 consecutive weeks for a total of 560 hrs)	
CTR 416 (Fall only)	3	*Must have a GPA of 2.0 or better	
CTR 437 (Fall only)	3	*Must be supervised by a Licensed Recreation Therapist [LRT] (only in NC) and Certified Therapeutic Recreation Specialist (CTRS) who has been certified/licensed for at least 1 year	
CTR 439 (Fall only)	3		
PSY 341 (requires C- or better in PSY 121)	3		
Total Credit Hours		Total Credit Hours	
13		12	

MAC List: Foundations, WC, OC, QR, ~~HW~~, CTI-HFA, ~~CTI-SBS~~, ~~CTI-NS~~, GE/IL, CC, NS DA

Minimum Credit Hours to graduate = 120

June 16, 2026

Recreational Therapy Human Services Select 1 Option

Select one of the following:

- CED 274 - Stress Management
- CED 474C – Contemporary Issues in Counseling: Stress Management
- GRO 201 - Envisioning Your Old Age
- HDF 112 - Families and Close Relationships
- HDF 201 – Development of School Age Children
- HDF 202 - Infant and Child Development
- HDF 203 - Adolescent Development: From Puberty to Young Adulthood
- HDF 204 - Adult Development
- HDF 221 – Issues in Parenting
- HDF 330 – Family Diversity
- HEA 201 – Personal Health
- HEA 260 – Human Sexuality
- HEA 310 – Mental Health and Well-Being
- HEA 338 – Safety and First Aid (CPA included)
- HEA 470 – Adolescent Health
- KIN 376 – Biomechanics of Sport and Physical Activity
- KIN 386 – Motor Control and Learning
- KIN 387 – Motor Development
- KIN 479 – Exercise and Older Adults (JR standing or permission of instructor)
- NTR 213 – Introduction to Nutrition
- PHI 301 – Topics in Philosophy: Death and Dying
- PSY 240 – Principles of Learning (requires C- or better in PSY 121)
- PSY 280 – Cognitive Psychology (requires C- or better in PSY 121)
- PSY 375 – Psychology of Aging (Prerequisite PSY 121)
- SES 101/ASL 101 - American Sign Language I
- SES 200 - People with Disabilities in American Society
- SES 440 - Introduction to Special Education
- SOC 222 - Sociology of Deviant Behavior
- SOC 323 – Deviance and Social Control